Teddy Bear and other items Knitting and Crocheting Project Patterns

Once again the primary and high school Serviam groups would like to invite ALL our parents, grandparents, alumnae, staff and pupils to join us in knitting or crocheting as many Teddy bears as possible for charity ALL YEAR ROUND. This project has grown massively across the years, so we now encourage you to also knit scarves, beanies, baby booties, blankets, stress balls, simple squares AND, our 2021 addition "cozies for carers", and Care Bears for CHOC. All items will be on display in the Resource Centre Hub from Wednesday 13 July until Mandela Day (Monday 18 July). The photographs below are to inspire you to join this fun event. Please find some patterns further along in the article. Ours are just guides, you are free to knit (or crochet) using any patterns of your choice. As you complete your teddies and other items, please hand them in at the various school reception areas, marked for the attention of Liz Norman. We hope to collect more than the 1300 bears that came in during 2018 (by far our best collection ever, although 2019 came very close at 1230).

T. Iacovitti, A. Pininski & P. Valla (Serviam) & Liz Norman (Head of Community Outreach)

Some of our delightful and unique knitted Brescia Bears

Brescia Basic Teddy Bear Knitting Pattern (for teddies like the ones above and below. They have just been dressed as Brescia bears, but you are free to dress any way you like – ballerinas, soccer players, chefs, nurses etc. or just a simple plain bright and beautiful teddy).

Use **double knit** wool (any colour you like) and **size 4mm or 5mm knitting needles**.

Teddy can be knitted all in one colour or change colours to give him a jumper and/or trousers (pants). You can decorate or dress the teddy any way you like.

The whole bear is knitted in one piece and folded in half and sewn up. It is knitted in garter stitch (plain).

Legs: Cast on 8 stitches and knit 16 rows (garter stitch).
Break off yarn, keep this piece of work on your needle. Cast on another 8 stitches and make another leg using the same needles. You will end up with 2 pieces the same size on one needle.

Body: knit across both legs (16 sts) and knit 15 more rows.

Arms: Cast on and knit 8 stitches at the beginning of the next 2 rows.
Knit 6 more rows.
Cast off 8 stitches at the beginning of the next 2 rows.

Head: knit 38 rows.

Arms: Cast on and knit 8 stitches at the beginning of the next 2 rows.
Knit 6 more rows.
Cast off 8 stitches at the beginning of the next 2 rows.

Body: knit 16 rows

Legs: knit 8 stitches (put the other 8 on a safety pin) turn and knit another 15 rows, cast off.

Second leg: pick up the remaining 8 stitches and knit 16 rows for the second leg. Cast off.

Make up teddy by folding in half at the top of the head. Sew all seams except for one side seam and stuff with toy stuffing. Sew last seam together. Sew on a smiley face and pull a ribbon around the neck to help create the head. Sew on eyes or noses (don't glue them on as small children can pull these off and swallow them). Stitch across the corners of the head to make the ears. Decorate or dress your teddy as you fancy.

Our yarn-bombed staff and pupil, plus knitted and crocheted items Mandela day display 2017

EASY PEASY NO SEW CROCHETED TEDDY

Use any yarn on hand, with a hook slightly smaller than you'd usually use with that yarn. Double up the yarn with a bigger hook for a bigger teddy.

Instructions are written in English crochet. (To adapt to American, substitute single crochet for dc)

Head
Row 1: 16ch, dc into 3rd ch from hook, dc in each ch to end, dc in base of each of 15ch.
Rows 2-13: dc in each of 30st.

Arms
Row 14: (11ch, dc in 3rd ch from hook, dc in each of 9ch, dc in each of 15 dc along neck) x 2.
Row 15: (dc in each of 11ch, dc in each of 25dc) x2.
Rows 16-20: dc in each dc.
Row 21: from end of paw, ss tog dc from front and back of arm x 10 to create underarm seam, 15dc across tummy to end of other arm, 10ss tog to create seam, 15dc across tummy.

Body
Row 22-24: dc in each of 30 dc
End in middle of tummy.

Stitch diagonally across corners to make ears and stuff head. Thread through base of head and pull tight to form neck. Stuff arms.

Left leg
Row 25: dc in each of 15dc
Row 26: miss 15sts, dc in 15dc
Row 27-35: dc in each of 15sts.
Ss dc tog to close foot. End off.

Right leg
Join middle of back, work 10 rows of 15dc.
Stuff body and legs, ss tog to close.

Basic Baby Beanie Knitting Pattern

Feel free to be as creative as possible. We have included a free beanie pattern here for you, but please check out this lady's website for more fabulous ideas - Jennifer Dickerson. fiberfluxblog.com

Free Knitting Pattern...Lightning Fast Neonatal ICU and Preemie Hats!

These hats are knitted with larger needles making them an extremely fast knitting project. If you plan to donate your hats, most hospitals require machine washable yarn so they can be washed and/or sterilized before being distributed to the babies. Picture examples shown here are knitted with worsted weight yarn, but feel free to experiment with other wool.

This pattern includes two variations of the hat: one with a simple ribbed brim and one with a roll brim. Also included are instructions for a quick flower.

Materials:
Worsted weight yarn or double knit wool in bright cheerful colours.
US 10.5 (6.5mm) straight needles (hat is knitted flat, then seamed)
Tapestry Needle
Sizing:

- 11"-12" circumference (about 30cm)

Gauge:

- 14 Stitches and 19 Rows = 4 inches

Abbreviations:

- CO - Cast On (I used the long tail cast on and left an extra-long tail for seaming up later)
- BO - Bind off/cast off (knitwise)
- KFB - Knit front and back of stitch
- K2tog – Knit two stitches together

Roll Brim Hat:

CO 40 sts (leave an extra-long tail for seaming up later)
Work in stocking stitch until hat measures 6" from CO edge.

Decrease:
Row 1: K2, K2tog across row
Row 2: Purl
Row 3: K1, K2tog across row
Row 4: Purl
Row 5: K2tog across row

Using tapestry needle, break yarn leaving a long tail. Thread through remaining stitches and pull tightly. Seam up the back and weave in ends.

Ribbed Brim Hat:

CO 40 sts (leave an extra-long tail for seaming up later)
Work 6 rows of K2, P2 ribbing
Switch to stocking stitch until hat measures 5" from CO edge.

Decrease:
Row 1: K2, K2tog across row
Row 2: Purl
Row 3: K1, K2tog across row
Row 4: Purl
Row 5: K2tog across row

Using tapestry needle, break yarn leaving a long tail. Thread through remaining stitches and pull tightly. Seam up the back and weave in ends.
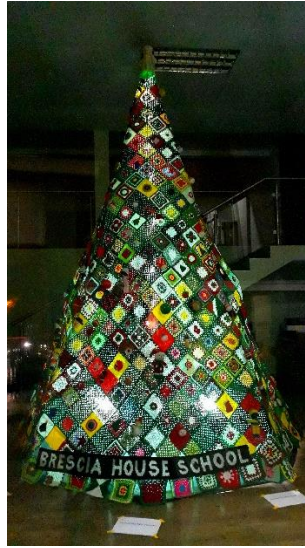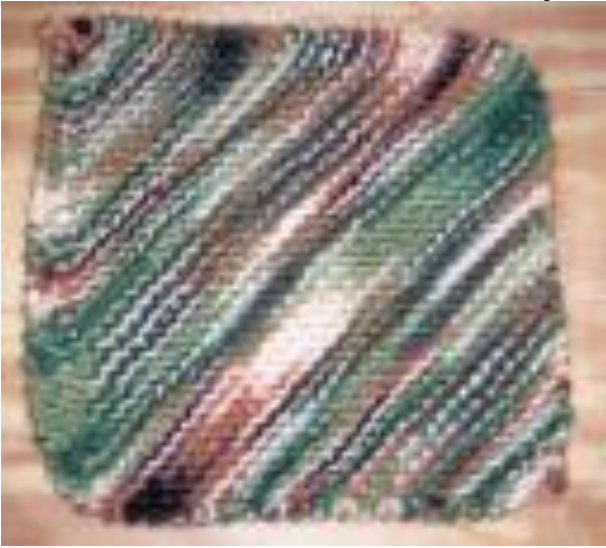
Flower Appliqué:

Looks equally lovely for baby girls in a contrasting colour or in same colour as hat.

CO 5 sts.
Row 1: KFB each st (10 sts)
Row 2: Purl
Row 3: KFB each st (20 sts)
Row 4: Purl
Row 5: KFB each st (40 sts)
BO and attach to hat.

DIAGONAL KNIT SQUARE (also known as "Grandma's Favourite")

We used 1200 various different kinds of knitted and crocheted squares to make our magnificent Brescia Gift of love and time tree in 2019! This tree brought great joy to the children and staff in the Nelson Mandela Children's Hospital in 2020 and 2021, so we look forward to more squares coming in, so we can perhaps make a second smaller version of this tree for Nazareth House or CHOC House this year.

YO= Yarn Over

Use size 10 needles for this

Cast on 3 stitches
Row 1: Knit
Row 2: K2, YO, knit to end
Repeat Row 2 until you have 38 stitches on needle
Next Row: K1, K2tog, YO, K2tog, knit to end
Repeat "next row" instructions until you have 3 stitches on needle, then bind off.

Mandela day display 2018 – the flag was made up of over 500 knitted scarves and there were 1300 teddies flowing down the steps and filling the couches.

COZIES FOR CARERS (or little hand-mittens)

These very cute knitted boiled egg warmers can also be used as mittens for new-born babies, as well as hand puppets for children in pre-schools. We are hoping to fill all of them with individually wrapped marshmallow eggs and then donate them to children or staff in various NPO's across the course of the year. Many of these folk do not have time to have a break and we have been told a simple Boiled egg can provide enough energy for an adult to manage a good chunk of a day, so perhaps the doctors and nurses will keep their "Cozy for a Carer" for that purpose, or else re-gift it to the children in various wards of their hospitals. We are, however, very sure the gesture will have great impact on whomever receives them. These little egg covers are very easy to make and you can use your own imagination in terms of who or what they become (people, animals, or just plain – all good):

The Cosy Family

Egg cosies with a difference. Each character comes with a removeable knitted egg inside, designed to hold the cosy in perfect shape when not in use and to keep the children amused!

Measurement: 6cm [2½in] high, excluding the hats.

Materials: Stuffing; 3mm [No. 11, USA 2] knitting needles.

Note: After making the basic cosy shape, push a hard-boiled egg inside, as this makes it easier to sew on the hats, etc.

Basic egg cosy

Begin at lower edge and using colour required for body, cast on 36 sts.
G-st 2 rows.
Beginning with a K row, continue in st-st and work 9 rows.
G-st 3 rows.

Break off body colour and join on fawn for head. Beginning with a K row, st-st 8 rows, marking centre of last row with a coloured thread.

★ Shape top

Next row: (K2, K2tog) to end — 27 sts.
P 1 row.

Next row: (K1, K2tog) to end — 18 sts.
P 1 row.

Next row: (K2tog) to end — 9 sts. B & T tightly
★★.

Face

Note: See Baby instructions for the baby's face.

Use black yarn for the eyes. Leave one clear knitted st to the *right* of the coloured thread. Work three horizontal oversewing stitches in the adjacent edge of the next knitted st. Repeat this to the left of the coloured thread.

8

Use black yarn to work a V-shape for mouth with lower point of the V three knitted rows above last row of body colour.
Now join row ends of the cosy and turn right side out.

Arms [make two alike]

Begin at top of arm and using same colour as body cast on 10 sts loosely. St-st 3 rows. Break off yarn and join on fawn for hand. Continue in st-st and work 3 rows.

Next row: (K2tog) to end — 5 sts. B & T tightly. Join row ends and turn right side out. Stuff arms. Sew open cast on edges to sides of body, leaving eight clear knitted sts between them at front.

Knitted egg

Begin at lower edge and using same colour as used for body cast on 13 sts.
1st row: P.
Next row: Inc K wise into every st — 26 sts. Beginning with a P row, st-st 21 rows.

Shape top

Next row: K2, (K2tog, K2) to end — 20 sts. P 1 row.
Next row: K1, (K2tog, K1) to last st. K1 — 14 sts. P 1 row.
Next row: (K2tog) to end — 7 sts. B & T tightly.
Join row ends and turn right side out. Stuff firmly. Gather round cast on sts, pull up tightly and fasten off.

Mum

Hat

Begin at lower edge and cast on 60 sts. G-st 2 rows.
Next row: (K2tog) to end — 30 sts. Beginning with a P row, st-st 7 rows.
Next row: (K1, K2tog) to end — 20 sts. P 1 row.
Next row: (K2tog) to end — 10 sts. B & T tightly.
Oversew row ends together and turn right side out. Gather round first row of st-st above g-st. Pull up gathers to fit top of head. Fasten off.

Stuff top of hat and sew to head through the gathers. Add two flowers, made as for the buds on the Picture Frame [page 10].

Dad

Cap

Begin at lower edge of cap and cast on 24 sts.
1st row: (K1, inc in next st) to end — 36 sts.
Beginning with a P row, st-st 5 rows.
Now work as for basic egg cosy from ★ to ★★.
Note that P side of cap is right side. Oversew row ends together and turn right side out.
For cap peak use yarn to match cap and cast on 14 sts.
G-st 2 rows.
Next row: (K2tog) to end — 7 sts. Cast off.
Sew cast off edge of cap peak to lower edge of cap. Sew cap to head.

Girl and Boy

For girl, plait twelve strands of fawn yarn to make a 12cm [4¾in] length. Tie a strand of yarn round each end of plait to secure. Trim ends evenly. Sew centre of plait to top of head.

Cap [same for both]

Using yarn to match body cast on 36 sts. G-st 2 rows. Join on contrast colour. Beginning with a K row, continue in st-st and work in two-row stripes of contrast colour and body colour alternately. St-st 2 rows. Now work as for basic egg cosy from ★ to ★★. Join row ends and turn right side out. Sew to top of head. Add small pom-pon.

Baby

Use black yarn for the eyes and leave one clear knitted st on each side of the coloured thread. Work a V-shape in the next st for each eye. Sew a few loops of fawn yarn into centre top of head.

Soother

Cast on 12 sts and K 1 row.
Next row: (P2tog) to end — 6 sts. B & T tightly. Oversew row ends together. Make a short lightly twisted single cord and sew it through centre of the soother leaving a small loop for handle. Sew soother to baby's face as illustrated.

Basic Squares General Instructions:

Blanket sizes:

- **Knit-a-Square children's blankets are 100 x140cm. They need 35 individual 20cm squares (7x5 squares makes 1 blanket)**
- **Baby box blankets are 90x120cm. They ask for 15cm squares so each blanket needs 48 individual squares (6x8 squares makes 1 blanket)**
- **If you are making 30cm squares, then we need 12 squares to make 1 baby blanket that is 90x120cm or else we need 24 squares to make a single bed size blanket**

Preferably use Double knit (DK) wool and 4mm needles or hooks ....

KNITTED STRESS BALLS

These tennis ball sized knitted balls are very quick and easy to make and fully machine washable. They are very useful little toys to give to children (and adults) who have experienced any traumatic or stressful situation. They can easily be squashed by hand and kept in a pocket, but add easy distraction when the mind is pre-occupied with anxious or stressful thoughts. You could easily knit up 2 or 3 in an evening!

You need: double knit wool in 3 colours; washable stuffing (Kapok); a darning needle and a pair of 4.5mm knitting needles.

Cast on 10 sts. Knit 16 rows to make the first little square (the black one). Cast off.

Cast on another 10 stitches in your next colour. Knit 32 rows, then cast off. Cut the thread off but a leave a 50cm tail. You have made the second sized rectangle (lemon in photo). Cast on another 10 stitches in your final colour and knit 48 rows, then cast off. Cut the thread leaving a 50 cm tail. This is your final large rectangle. Using the tail thread stitch the square and small rectangle together along their smallest edge (see below).

Using the rest of this thread stitch the small edge of the largest rectangle to the smaller rectangle as seen in the photo below. Make sure the join only uses up half of the lemon rectangle (8 rows).

Using the remaining lemon thread, continue stitching the side of the small rectangle to the side of the large pink one, going carefully around the corner (see below). End off the thread and knot well.

Using the long pink tail, continue joining the sides of the pink rectangle to the remaining sides of the black square, then join the yellow and pink edges together effectively making a cube. You must leave one side open (see below).

Turn the square inside out, then stuff it full of kapok (washable stuffing) until it becomes a tennis ball. Stuff quite firmly. Using the last bit of thread (or add on more if you have none left), stitch up the remaining side and voila – you have a stress ball!

You can make these balls all in one colour if you wish, or just in two. Instead of using the cube and small rectangle, just create 2 large rectangles, but then stitch them up to create a cube – each side of the cube must be equal in size, so just keep that in mind.

If you have a child with you, teach them to knit these by getting them to make the small squares first. They can make 6 small squares of different 1 you then can stitch them all together and stuff, to make a 6 sided coloured stress ball. Knitting these little squares is not difficult and it will help a child gain a sense of confidence as they develop this new skill.

HOW TO CROCHET A STRESS BALL:

What you'll need:

Crochet hook – Use one hook size smaller than the size suggested on the yarn label. Using a smaller hook will create smaller holes in your work, ensuring that your stuffing won't poke out.
Yarn – The weight you choose will affect the size of your balls.
Yarn needle

Using double knit yarn and a 4.5 mm hook (U.S./U.K. 7), the four sizes above came out at, from smallest to largest: 9 cm, 14 cm, 20 cm and 24 cm in circumference.

Abbreviations
Ch – Chain
Hdc – Half-double crochet
Hdc2tog – Half-double crochet two together (half-double crochet decrease)
Sc – Single crochet
St – Stitch
() – The total number of stitches you should have in the finished round
* – Repeat instructions between parentheses the number of times specified

Instructions
Below you'll find the patterns for all four sizes. Because you finish all of the balls the same way, we've put the finishing instructions below all the patterns.

6-round ball
1. Create a magic ring, then ch 1, 7 sc into the ring. (7)
2. Make 2 hdc in each st around. (14)
3. Hdc in each stitch. (14)
4. Hdc in each stitch. This is a good time to start stuffing your ball. (14)
5. Hdc2tog 7 times. Continue stuffing as you work. (7)
6. Hdc2tog 3 times. Leave the remaining stitch unworked and skip ahead to the Finishing section below. (4)

9-round ball
1. Into a magic ring, ch 1, make 7 sc. (7)
2. Make 2 hdc in each st around. (14)
3. *Make 2 hdc in the next st, hdc in the next st* 7 times. (21)
4. Hdc in each stitch. (21)
5. Hdc in each stitch. (21)
6. Hdc in each stitch. (21)
7. *Hdc2tog, hdc in the next st* 7 times. This is a good time to start stuffing your ball. (14)
8. Hdc2tog 7 times. Continue stuffing as you work. (7)
9. Hdc2tog 3 times. Leave the remaining stitch unworked and skip ahead to the Finishing section below. (4)

12-round ball
1. Into a magic ring, ch 1, make 7 sc. (7)
2. Make 2 hdc in each st around. (14)
3. *Make 2 hdc in the next st, hdc in the next st* 7 times. (21)
4. *Make 2 hdc in the next st, hdc in the next 2 sts* 7 times. (28)
5. Hdc in each stitch. (28)
6. Hdc in each stitch. (28)
7. Hdc in each stitch. (28)
8. Hdc in each stitch. (28)
9. *Hdc2tog, hdc in the next 2 sts* 7 times. (21)
10. *Hdc2tog, hdc in the next st* 7 times. This is a good time to start stuffing your ball. (14)
11. Hdc2tog 7 times. Continue stuffing as you work. (7)
12. Hdc2tog 3 times. Leave the remaining stitch unworked and skip ahead to the Finishing section below. (4)

15-round ball
1. Into a magic ring, ch 1, make 7 sc. (7)
2. Make 2 hdc in each st around. (14)
3. *Make 2 hdc in the next st, hdc in the next st* 7 times. (21)
4. *Make 2 hdc in the next st, hdc in the next 2 sts* 7 times. (28)
5. *Make 2 hdc in the next st, hdc in the next 3 sts* 7 times. (35)
6. Hdc in each stitch. (35)
7. Hdc in each stitch. (35)
8. Hdc in each stitch. (35)
9. Hdc in each stitch. (35)

10. Hdc in each stitch. (35)
11. *Hdc2tog, hdc in the next 3 sts* 7 times. (28)
12. *Hdc2tog, hdc in the next 2 sts* 7 times. (21)
13. *Hdc2tog, hdc in the next st* 7 times. This is a good time to start stuffing your ball. (14)
14. Hdc2tog 7 times. Continue stuffing as you work. (7)
15. Hdc2tog 3 times. Leave the remaining stitch unworked and skip ahead to the Finishing section below. (4)

Finishing all the balls:
Fasten off, leaving a 4″ (10 cm) tail of yarn. Use a yarn needle and the end tail of yarn to close the hole formed by the last 4 stitches. Make sure that your ball is well stuffed before closing it completely. Work away your tails of yarn.

You can make these balls all in one colour or be adventurous and try them in all sorts of colours. Experiment and see what you can create.

Making larger balls

Each ball above starts with 7 sc made into a magic ring. The rest of the curve is then made in half-double crochet, with 7 increases in each round.

To make a larger ball, keep increasing by 7 hdc in each round until you reach the circumference you require. Count your rounds! You will now need to work straight up for the same amount of rounds. This means that you will hdc in each stitch without any increases. If you have made 10 "increase" rounds, you will need to make 10 rounds without any increases.

Then, to form the top curve to close the ball, decrease by 7 stitches in each round until you have 7 stitches left, stuffing as you go. Hdc2tog 3 times, leaving the remaining stitch unworked. Finish as explained above.

When you have mastered this method for making balls, you can make tiny Christmas baubles, large poufs and anything in between, simply by varying the thickness of your yarn, the size of your hook and the amount of rounds used to create your sphere. You can also change the stitch you use – try making balls using a variety of stitches to create different designs. Your stress balls can even become Christmas tree decorations!

POKEMAN STRESS BALLS

You need:
1 x 5.00 mm crochet hook
Short lengths of red, black, and white yarn
Polyfil or kapok stuffing
A yarn needle
Work in continuous rounds.

Ch. 2 with white.
Round 1: 6 sc in the second chain from hook. (6)
Round 2: 2 sc in each stitch around. (12)
Round 3: *sc, 2 sc in next stitch; repeat from * around. (18)
Round 4: *2 sc, 2 sc in next stitch; repeat from * around. (24)
Round 5: *3 sc, 2 sc in next stitch; repeat from * around. (30)
Round 6-7: Sc evenly around. (30)

Change to black.
Round 8: Sc evenly around. (30)
Change to red.
Round 9-10: Sc evenly around. (30)
Round 11: *3 sc, sc2tog; repeat from * around. (24)
Round 12: *2 sc, sc2tog; repeat from * around. (18)
Round 13: *Sc, sc2tog; repeat from * around. (12)
Stuff with polyfil. Stuff until pretty full, so they are more tossable and a little bouncy.
Round 14: Sc2tog around. (6)
sl st or use yarn needle to close up last 6 stitches in a circle. Bind off and weave in ends.

Crocheted button:
Ch 2 in white. sc 6 in second chain from hook. sl st to form a circle.
Change to black.
2 sc in each stitch around. (12) Bind off leaving a long tail.
Attach button to ball using yarn needle, lined up with the black line on the ball.
HINT! Use this button to cover up the small jogs in the stripes when the colours changed.

SOME EXAMPLES OF OTHER STRESS BALLS:

MINION STRESS BALL

MATERIALS:
Double knit yarn: Yellow, delft blue, black, white, and grey.
4.5mm crochet hook
Kapok or washable stuffing
Tapestry needle

Rd 1: With delft blue, 6 sc in magic ring. (6)
Rd 2: 2 sc in each sc around. (12)
Rd 3: (sc in next sc, 2 sc in next sc) around. (18)
Rd 4: (sc in next 2 sc, 2 sc in next sc) around. (24)
Rd 5: (sc in next 3 sc, 2 sc in next sc) around. (30)
Rd 6: (sc in next 4 sc, 2 sc in next sc) around. (36)
Rd 7: (sc in next 5 sc, 2 sc in next sc) around. (42)
Rd 8: sc in each sc around. (42) Change to yellow.
Rds 9-11: sc in each sc around. (42)
Rd 12: (sc in next 5 sc, sc2tog) around. (36) Change to black.
Rd 13: (sc in next 4 sc, sc2tog) around. (30) Change to yellow.

You need to start stuffing the ball from about now. Continue crocheting and stuffing as you complete the following rows:

Rd 14: (sc in next 3 sc, sc2tog) around. (24)
Rd 15: (sc in next 2 sc, sc2tog) around. (18)
Rd 16: (sc in next sc, sc2tog) around. (12)
Rd 17: sc2tog around. (6)
Finish off leaving a long tail. Weave tail through sc of Rd 17, pull tightly, and secure. Weave in ends.

EYE:
Rd 1: With black, 8 sc in magic ring, slip st in first sc changing to white. (8)
Rd 2: Ch 1, 2 sc in each sc around, slip st in first sc changing to grey. (16)
Rd 3: Ch 1, sc in each sc around. (16)
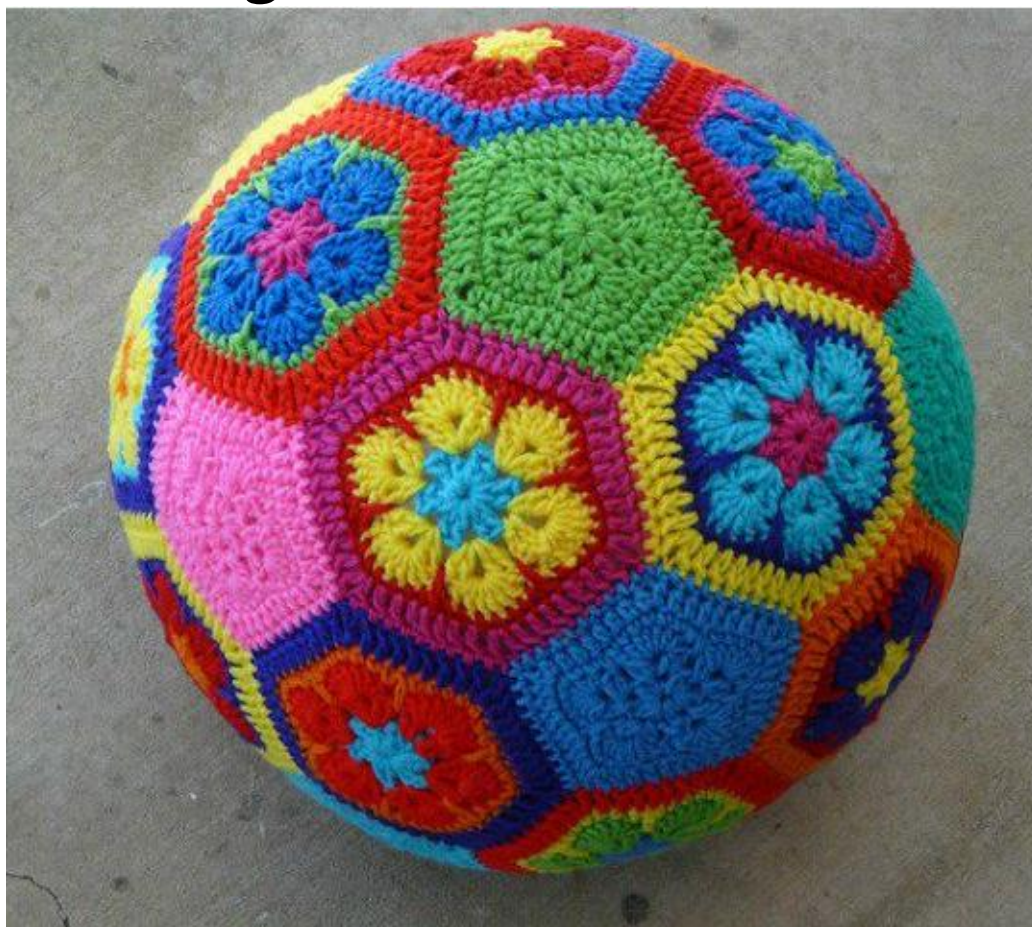Finish off leaving a long tail. Sew EYE to stress ball.

MOUTH:
Using black, embroider a mouth on to the ball.

AFRICAN SOCCER BALL
This is not a pocket-sized stress ball, but a much bigger ball. It is a wonderful toy and used with babies learning to sit!

Materials:
For this project use a 4.00mm crochet hook.
You want the fabric to be fairly firm so that the ball will have greater structural integrity.
If you tend to crochet tightly, you might find that a 4.5 mm hook works better for you.

Hexagons (6 sided shape): for the soccer ball, you will only make a 5-round hexagon.
You will need to make 20 of them. Use four colours for each 5-round hexagon.
Round 1: colour A
Round 2: colour B
Round 3: colour B

Round 4: colour C
Round 5: colour D

By using the same colour for rounds 2 and 3, the petals of the flower are a more prominent design feature than they are if you change colours every round, but both are attractive.

Pentagons (5 sided shape): To make a soccer ball, you will need 12 of these. Each side of the pentagon should be approximately 2.5″ long. To make the pentagon, work in one colour and do the following:
Using worsted weight yarn (double knit) and a 4.0mm hook, chain 5, join with a slip stitch to form a ring.

Round 1: Chain 2 (counts as first hdc), work 1 hdc into ring, *ch1, 2hdc into ring, repeat from * 3 times more, ch 1 and join with sl st to top of first hdc made (10 hdc and 5 ch-1 sp). Slip stitch over to next ch-1 space.
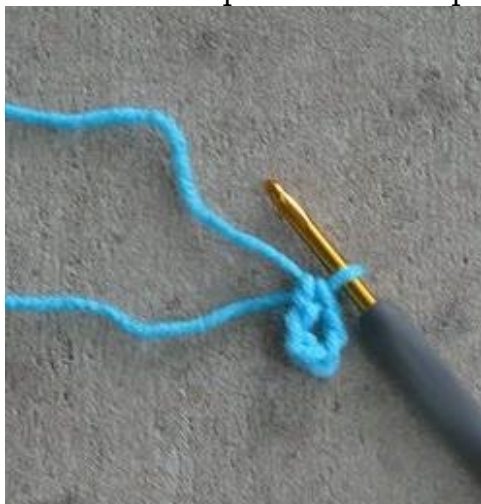
Round 2: Chain 2 (counts as first hdc), work 1 hdc into same ch-1 space, ch 1, work 2 hdc into same ch-1 space, *(2hdc, ch 1, 2hdc) into next ch-1 space, repeat from * 3 times more, join with sl st to first hdc made. Slip stitch over to next ch-1 space.

Round 3: Chain 2 (counts as first hdc), work 6 hdc into same ch-1 space, *work 7 hdc into next ch-1 space, repeat from * 3 times more, join with sl st to first hdc made. (35hdc)

Round 4: Chain 1 (counts as first sc), sc in each of next 6 stitches, work a lsc (long single crochet) by working around the gap in round 2) without skipping any stitches, *sc in the next seven stitches, work l sc around the gap in round 2, repeat from * 3 times more, work l sc in gap in round 2, join with sl st to first ch made. Slip stitch over the next three stitches (you should end up at the single crochet stitch four stitches to the right of a long single crochet stitch of round 4). (40 stitches)

Round 5: Chain 3 (counts as first hdc and chain 1), work 1hdc in same stitch, *work 1 hdc in each of the next 7 stitches, work (hdc, ch 1, hdc) in next stitch, repeat from *3 times more, hdc in each of next 7 stitches, join with sl st. to second chain of chain 3. Fasten off.

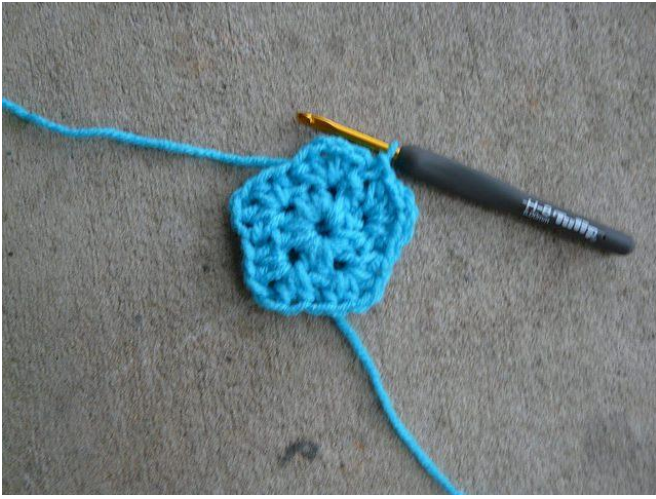Below is a series of how-to photos for the pentagon:

Chain 5 ring   Round 1, 10 hdc, 5 ch-1 sp

Round 2, 20 hdc and 5 ch-1 sp

Round 3, 35 hdc

Round 4, detail of long single crochet stitch (40 single crochet);

Round 5, the beginning

Completed pentagon, 45 hdc, 5 ch-1 sp

Completed Hexagon

Happy crocheting and knitting.

All teddies and other knitted or crocheted items will be donated to the Teddy Bear Clinic for Abused Children and other registered NPO organisations working with orphaned and vulnerable children, as well as those serving the elderly.